

Equippinglives4Good

## INTRODUCTION TO NVR PRINCIPLES



## **For Parents**

This two hour workshop is aimed at parents where there is child on parent aggression, defiance or control. We will run through the key principles of Non-violence resistance therapy and give you some ideas to take away to try at home.

If further support is needed we offer either 1-1 sessions for parents or small group sessions to go through the principles in more detail and work with you around inputting the NVR principles into your family home.

The cost for this workshop is normally £30 however we do have some funding through Berkshire Community Foundation available. Please book through our eventbrite link - you will need to pay a £10 deposit which will be refunded once you attend the workshop. The workshop will be held at our centre in Bracknell. Unfortunately there isn't any parking on site but town centre car parks are just a few minutes walk away.

Create Hope. The Court House. Broadway, Bracknell

Create Hope, The Court House, Broadway, Bracknell RG12 1AE

