



11- 15 YEAR OLDS SOCIAL GROUP

THE FIRST MONDAY OF EACH MONTH @ 5PM
ONLINE AND FACE TO FACE TIMETABLED

FOR YOUNG ADULTS WHO ARE DIAGNOSED OR ON THE WAITING LIST FOR
DIAGNOSIS FOR AUTISM AND/OR ADHD

To join call GEMS on 0800 999 1342 or
Email gems.4health@nhs.net



GEMS

ADHD & Autism Support Service
East Berkshire