



# FRIDAY NIGHT CLUB

FOR 5 -10 YEAR OLDS  
FORTNIGHTLY ON FRIDAYS @ 4PM  
ONLINE AND FACE TO FACE TIMETABLED

FOR CHILDREN WHO ARE DIAGNOSED OR ON THE WAITING  
LIST FOR DIAGNOSIS FOR AUTISM AND/OR ADHD

To join call GEMS on 0800 999 1342 or  
Email [gems.4health@nhs.net](mailto:gems.4health@nhs.net)



## GEMS

ADHD & Autism Support Service  
East Berkshire